

March 2025

Rockwood Community/Senior Center 734-379-5600

March 2025

Su	Mo	Tu	We	Th	Fr	Sa
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

April 2025

Su	Mo	Tu	We	Th	Fr	Sa
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Feb 23	24	25	26	27	28	Mar 1 CLOSED
2 CLOSED	3 SENIOR EXERCISE CLASS 10-11 CARDIO DRUMMING CLASS 6:30-7:30	4 INDOOR WALKING 9:30-1:30	5 INDOOR WALKING 9:30-1:30	6 SENIOR EXERCISE CLASS 10-11 CARDIO DRUMMING CLASS 6:30-7:30	7 INDOOR WALKING 9:30-1:30	8 CLOSED
9 CLOSED	10 SENIOR EXERCISE CLASS 10-11 CARDIO DRUMMING CLASS 6:30-7:30	11 ★ INDOOR WALKING 9:30-11 LUNCH AT MOM'S RESTAURANT 11:30-1:00 CENTER IS CLOSED 11:30-1:00	12 INDOOR WALKING 9:30-1:30	13 SENIOR EXERCISE CLASS 10-11 CARDIO DRUMMING CLASS 6:30-7:30	14 INDOOR WALKING 9:30-1:30	15 CLOSED
16 CLOSED	17 SENIOR EXERCISE CLASS 10-11 CARDIO DRUMMING CLASS 6:30-7:30	18 INDOOR WALKING 9:30-1:30	19 ★ INDOOR WALKING 9:30-11:00 BINGO 11-1	20 SENIOR EXERCISE CLASS 10-11 CARDIO DRUMMING CLASS 6:30-7:30	21 INDOOR WALKING 9:30-1:30	22 CLOSED
23 CLOSED	24 SENIOR EXERCISE CLASS 10-11 CARDIO DRUMMING CLASS 6:30-7:30	25 INDOOR WALKING 9:30-1:30	26 INDOOR WALKING 9:30-1:30	27 SENIOR EXERCISE CLASS 10-11 CARDIO DRUMMING CLASS 6:30-7:30	28 INDOOR WALKING 9:30-1:30	29 CLOSED
30 CLOSED	31 SENIOR EXERCISE CLASS 10-11 CARDIO DRUMMING CLASS 6:30-7:30	Apr 1	2	3	4	5